

Deepen your presence in practice



Spirituality in Clinical Practice

A NEW CONTINUING EDUCATION CERTIFICATE PROGRAM

November 2009 to April 2010

The Center for Spirituality and Social Work,
NCSSS, Catholic University

30 CE Credits* for Social Workers, in a concentrated area of expertise

* To receive the CE Certificate, participate in all workshops and the application seminar series.

Nurturing our inner spiritual selves as therapists expands our capacity to serve clients. Building on the Center's past offerings, a team of trusted experts teaches and guides this new six-month continuing education program designed to help you incorporate spiritual perspectives in your clinical practice—respectfully and ethically.

Spirituality in Clinical Practice: Why It's Important and How to Bring It into the Room



Kenneth I. Pargament, PhD
November 7, 9 AM to 4 PM
Workshop 6 CE Credits

Understanding the theory behind spirituality's impact on psychotherapy provides a firm intellectual foundation for the powerful work of integration. Presenter Kenneth Pargament is an internationally renowned, award-winning scholar who brings a balanced view of religious life to scientists and health professionals. A professor of clinical psychology at Bowling Green State University, his books include *Spiritually Integrated Psychotherapy: Understanding and Addressing the Sacred* and *The Psychology of Religion and Coping*.

Application in Practice Seminar Series

**Facilitated by
Kathie Hart, LCSW-C**

12 CE Credits
Six Fridays 3:30 to 5:30 PM
November 13, December 4,
January 8, February 19,
March 12, April 23



This seminar series provides important time and space to process with colleagues the information gained from the workshops and translate it into specific, client-based ways of working. Kathie Hart, MSW, LCSW-C, has 20 years of clinical social work experience and an active, lifelong interest in how spiritual traditions inform the art of living.

Practicing Transformation: Insights from Meditation and Psychotherapy



**Sharon Salzberg
& Mark Epstein, MD**
January 29, 7:30 to 9 PM
and
January 30, 10 AM to 4 PM
Two-part Lecture/
Workshop* 6 CE Credits

*Partial registration available



Meditation and psychotherapy are twin healing paths that together can lead to greater wisdom, compassion and wholeness. Explore their interface with two seasoned guides. Sharon Salzberg is one of America's leading meditation teachers, guiding meditation retreats worldwide since 1974. She is cofounder of the Insight Meditation Society in Barre, Mass., and author of *The Kindness Handbook*, *Faith* and *Lovingkindness*. Mark Epstein, MD, is a psychiatrist in private practice in New York City who has explored and written extensively about the interface of Buddhism and psychotherapy. Among his works are *Thoughts without a Thinker*, *Open to Desire*, *Going on Being* and *Psychotherapy without the Self*. He teaches at New York University. Presented in collaboration with Grace Productions.

Spirituality and Ethics



**Michael Sheridan, PhD
& Cathleen Gray, PhD**

April 17, 9 AM to 4 PM
Workshop 6 CE Credits



Take advantage of a session on ethics tailored to this special realm of therapeutic engagement. Michael Sheridan is research associate professor at the Center for Spirituality and Social Work, Catholic University. Her wide experience includes clinical practice and administration in health, mental health, juvenile and criminal justice and family service settings. Cathleen Gray is director of the Center for Spirituality and Social Work. Recently named a "top therapist" by *Washingtonian Magazine*, she has been in direct clinical practice since 1968 and teaching clinical practice since 1975.

**Cost: Full CEU Program including
application seminars \$700**

**Individual workshops open to all
\$140 - \$185***

*See website for student discounts and scholarships.
Saturday lunches included.

FOR MORE INFORMATION AND TO REGISTER

Certificate Program Site: <https://www.seattletech.com/registrations/index.php?1634-221-i-f>

Individual Workshop Registration Site:

<https://www.seattletech.com/registrations/index.php?1635-221-i-f>

<http://csisw.cua.edu> or e-mail gray@cua.edu or phone (202) 319-5458



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National Catholic School of Social Service

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